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The fruits and gifts of the Spirit



On Pentecost Sunday evening I was able to attend a special service at St Paul's & St George's Church (P's & G's) with Christians from different churches across the city, celebrating "Thy Kingdom come". Dave Richards, the rector, welcomed several hundred people with the words that that night there were no Baptists, Episcopalians, Presbyterians, Catholics - we were all one in Christ. On that first Pentecost Sunday God poured out the Holy Spirit on "all people" - there was no stopping to determine which religious persuasion the person was from. If we remember that then we might find real freedom. There was real joy at P's & G's that evening as we worshipped, and prayed together in groups - for ourselves, for our churches, city and nation. Jesus didn't build the barriers which now exist between different denominations and so it's refreshing when we can just be fellow Christians on the journey together.

So who is the Holy Spirit?

He is the 3rd person in the Trinity and has been present from the beginning of time....We read in **Genesis 1:2**...

"Now the earth was formless and empty, darkness was over the surface of the deep, and the Spirit of God was hovering over the waters."

Throughout the Old Testament we see the Holy Spirit resting on chosen individuals whom God used to communicate His mind and His word. These people served as **ambassadors**, never speaking their own thoughts or opinions, but delivering the message God had given to them. Moses, Jeremiah, Samuel, Ezekiel, and Daniel, to name but a few, had to stand firm in their belief of the truth that God had given to them, but at the same time they often had to withstand rejection, mocking, persecution and even potential death to do so. The Holy Spirit was present, but only on these key people....In the new testament, we have a new covenant. The Holy Spirit was now coming in a more powerful way as part of that covenant.

At morning worship on Pentecost Sunday we spent some time looking at just 'who' the Holy Spirit is. Some people commented after that they hadn't thought about the Holy Spirit being a person. We have a Triune God - Father, Son and Holy Spirit. After Jesus ascended into heaven to be with the Father 40 days after Easter he promised that he would give us an advocate, or counsellor, who would be with us until he returned. That advocate is the Holy Spirit. As John Stott says in his book on Acts, "Without the Holy Spirit, Christian Discipleship would be inconceivable, even impossible." We need to examine what the Holy Spirit is doing in our lives, looking to see if we are being prompted to change anything. To help us do this throughout June we will be looking at the fruits and gifts the Holy Spirit pours into our lives:

Morning services: The Fruits of the Spirit

"But the fruit of the Spirit is love, joy, peace, forbearance, kindness, goodness, faithfulness, gentleness and self-control." Galatians 5:22

Evening Services: The Gifts of the Spirit

"Now to each one the manifestation of the Spirit is given for the common good. To one



there is given through the Spirit a message of wisdom, to another a message of knowledge by means of the same Spirit, to another faith by the same Spirit, to another gifts of healing by that one Spirit, to another miraculous powers, to another prophecy, to another distinguishing between spirits, to another speaking in different kinds of tongues, and to still another the interpretation of tongues. All these are the work of one and the same Spirit, and he distributes them to each one, just as he determines." 1

The Holy Spirit draws not only us, but those we come into contact with, into a closer relationship with God. The gift of the Holy Spirit can manifest itself in a variety of ways within us and we will all need to spend time in God's presence, asking Him to help us be more aware of the gifts and how we might use them.

Join us throughout June as we seek to 'go deeper'. If you've not been to the evening service in a while (or ever), perhaps this is the time to come and be ministered to by the Holy Spirit.

May God draw close to you all in the month ahead.

Elaine Hogan

A banquet of beetles

The room is laid out as if for a banquet, with rows of tables each set for four people and a mouthwatering array of delicacies at the side. This is no ordinary banquet, though. In the middle of each table is a simple vessel containing a six-sided die; each place setting consists not of the usual china and silverware but of an ominous-looking grid of twelve squares.

Enter the guests, with some trepidation (not least for those like me who have never attended such a function before). The doors closed, the hubbub dies down and the purpose of our assembly is revealed. The food and drink we have seen doesn't prepare us for the grisly main course. An hour or so later, after a frenzy that I could never have anticipated from such usually mild-mannered people, the full horror lies before us. In front of each guest is an array of beetles in various stages of dismemberment and decapitation.

After cleansing our palates with more conventional fare and enjoying one another's company in relative civility, the frenzy begins afresh, with the appearance

of new beetles – or what might have been beetles but for the lack of an eye or a leg – and guests progressing around the room in a macabre dance.

I hope that gives you something of the flavour of the beetle drive that was held in the church recently. If you haven't been to a beetle drive before, you might be surprised at how fast-paced and exciting it can be (though it's perhaps not quite as gruesome as I've led you to believe – and I can assure you it's entirely suitable for vegetarians).

There was a competitive spirit in the room, with a selection of prizes to be won. Moray Rumney took first place when the final scores were tallied, and Mairi Gordon won a very creditable wooden spoon!

But there was a more serious reason for the fun too. TCP (Tollcross Community Pastors) want to be able to equip shopkeepers with bags of essentials ('hope bags') that they can hand out to homeless people in our community, as a way of blessing them in some small way. To this end, £135 was raised on the night. Thanks to Una Laidlay for her idea, to all those who donated prizes and brought food and drink, to Moira Bain for the loan of specialist equipment, and to Elaine Hogan for being our host for the evening and telling us all what to do!

Anna Nicholson



Documentary opportunity

We have been asked to pass on the following invitation:

Red Sky Productions are looking for feisty, healthy and wealthy ladies aged 65+ to feature in a Channel 4 documentary on The 'Glasgow Effect', a so far unexplained phenomenon where life expectancy can be as low as the mid-50s.

We are looking for a new voice to share their alternative background and thoughts on this curious subject in a journey of discovery into its causes.

The production is so far in development stage and so we are filming a teaser which would likely only require a half-day of time, with some interview-style questions.

If you are interested in participating, or would like further information, please contact the church office.



Afternoon Fellowship

It was in a spirit of light-hearted competitiveness that two teams set about answering the very varied quiz made up by Natalie and Robert Elrick on 1 May. One team was the clear winner, but our team were very gracious in defeat. We are very grateful to both Robert and Natalie for compiling the quiz, and Natalie for being such an excellent quizmaster.

Our final meeting before the break is on Tuesday 5 June when we will be enjoying our usual wonderful Afternoon Tea.

Lorna Gentleman

Congregational roll

Marriage

Sarah Crossan and Michael Dixon

5 May 2018



Football news

Barclay Viewforth's league season was to end with a victory and two defeats, not enough to avoid bottom spot in the ECFA table. The win, in Livingston, was one of the best performances of the season when after going two down early on the side fought back to win 4:3. The pick of the goals was created by Man of the Match, Alberto, who having been momentarily caught in possession, swiftly regained the ball, beat two opponents and then delivered a sublime pass for Billy to run onto and slot beyond the Ladywell Baptists goalkeeper. Mark equalised, Alberto bagged one himself while Cammy Torrens netted from a direct free kick outside the penalty area.

At 4:2 up Barclay appeared to be coasting when a spectacular own goal by acting

player manager Dean, some might say his speciality, suddenly gave Ladywell a lift leading to an edgy final 10 minutes during which the reds managed to hang on. In both losing matches Barclay Viewforth competed well during the opening 20 to 30 minutes before concessions opened up the proverbial floodgates. Both St Mary's Metropolitan and Port Seton have recorded strong top five positions in the league this season and in respect of the latter match it was disappointing that the East Lothian side were not disposed to reciprocate some flexibility given that Barclay had responded to a request to rearrange the match to a Friday evening to accommodate our

opponents. A number of experienced players were unable to be there and in the context of only having a 12 player squad on the night Barclay's request for rolling substitutes was

turned down by the home team who went on to win 9:1 registering the same winning margin as the reverse fixture played in February.

Friday 25th May heralded the Barclay Viewforth squad's annual dinner which this year took place in the Church's Pillar Hall following a short hole golf competition on Bruntsfield Links. Despite a disappointing season on the field of play, it was an enjoyable evening of fellowship. Competition for trophies within the ECFA is now almost complete with White Lightening securing their third ECFA Cup in four seasons defeating Gorgie 4:1 in the final at Dalkeith's Kings Park. Barring two mathematically improbable defeats in their final two matches, Lightening will achieve the double in their final match of the season against second placed Broxburn. This season's league cup competition was won by current reigning league champions, Niddrie Community Church.

During the summer recess your prayers for the future directions of Barclay Viewforth's football set up and the ECFA would be greatly appreciated.

Andrew Stephenson



Christian Aid Forth Bridge cross

Once again a big thank you to all those who sponsored Joyce Bruce, Mike Ellis, Fiona Kennedy and myself on our annual walk across the Bridge. We had another fine day and raised £749 for Christian Aid.

Ray Torrence



Fiona Kennedy adds:

Thank you also to Linda Gilpin who walked the route the following week. Fiona says that she feels like the Barclay Viewforth Forrest Grump as she has walked the Bridge Cross every year since 2002. This was, however, her last year as she hopes to take on a new challenge in London next year.



Evening service goes on holiday

As has become the pattern, there will be **no 6:30 service** throughout the month of July to allow the leaders and musicians to have a break.

Evening service regulars will be heading out to visit other churches - keep an eye on the notice sheet for more details.



I see this almost every day and always feel it points directly to God.

However, does any of the congregation know where this is located?

A small prize may be awarded to the first person to contact the church office with the correct answer



Nat Elrick

Flower rota

Thank you to those who have donated and arranged the flowers for the sanctuary for June.



	Donated by	Arranged by
3	Joyce Bruce	Karen Ferguson
10	Charlotte Sabian	Irene Hall
17	Jean Elder	TBC
24	TBC	TBC

Kitchen notes: Yeast

Yeast is a pretty amazing thing — basically it is a fungus which is used as a leavening agent in baking. There is something magical about baking with yeast; you mix everything together and have a lump of dough that looks small and insignificant; then you abandon in it a warm place for an hour or so and it grows to around three times the size and transforms the dough from being heavy and dense to being light and airy.



I have accidentally forgotten to add the yeast when making bread, which results in a heavy dense inedible/impossible to cut brick which is less than one third of the height of my normal loaf. When a recipe calls for yeast, I tent to use the easy blend variety that you just add with the flour so no pre-soaking is required and the results tend to be more consistent than using fresh yeast. In terms of quantities, the amount of yeast used seems really small compared with the other ingredients, but despite this it is the vital ingredient.

I'm aware that for many the idea of making bread seems too much like hard work and buying it is considered far easier, so I'm not including a recipe this month in the magazine. However, feel free to ask me after a service if you would like a simple bread recipe – I make it so often I don't even look it up anymore (equally I know the Editor has an amazing cinnamon rolls recipe).

How to grow patience?

Being a parent isn't good for my patience.

I'm impatient for my daughter to finish her food. I'm impatient when we're stuck in traffic on our way to swimming. I'm impatient for my husband to come home. I'm impatient for bedtime to be over, and to get my precious child-free time.

Worse still, impatience just makes me resentful, grumpy and miserable.

It can be really hard to be patient.

Something I've noticed recently is that I get impatient when I'm dissatisfied. If my daughter is screaming, I find myself very impatient for bedtime. If I'm running late already, even good traffic can make me impatient, never mind a jam.

We live in a world designed to make us dissatisfied. If we're happy with where we are and what we have, we aren't going to be lured by the siren call of retail giants and social media multi-nationals. Tempting too is that little evil whisper inside that tells us we aren't good enough as we are. That voice that tells you: it'll be enough when



you pass those exams; get that promotion; move into that career path; buy a house; pay off the mortgage; meet a potential life partner; get married; have children; get your children to leave home; retire on a comfortable pension...

Satisfaction brings patience.

When I am playing a game, and my daughter is giggling, I'm not looking at the clock and waiting for Daddy to come home. When I'm listening to a good podcast, traffic isn't quite so frustrating. When I stop and look at my family, my impatience with my career fades away.

How can I turn dissatisfaction into satisfaction, impatience into patience?

Taking a moment to be satisfied.

To be here.

To be now.

Find that thing that breaks my bad habit of looking to the future to make things better.

Twenty minutes in the morning to breathe, stretch and pray.

For you, it might be running, walking, dancing, painting, colouring in, yoga, meditation, practicing Lectio Divina, listening to music, playing music or just slowly and quietly drinking a cup of tea.

Be here. Be now. Be satisfied.

Emma Torry

A journey prayer from Dunblane Cathedral

Bless us God with saints to tell us stories, with angels to surprise us, with friends along the way.

Bless us God, with strength and joy and courage, all the length and breadth of our nights and days.

The Chaos Window, in the choir of Dunblane Cathedral, shows fire, storms, cold and snow. At the bottom, the five members of Scott's ill-fated expedition to the South Pole in 1912 are named.





General Data Protection Regulations (GDPR)

As with all other organisations, Barclay Viewforth has published an **updated privacy policy**. This privacy policy will be displayed in the Pillar Hall, and will also be available on request from the church office.

There are some changes which will affect the magazine. The main impact of the new GDPR regulations is that we **must have informed consent from all identifiable individuals in photographs published in the magazine**. If the subject of the photograph is under 18, this means we need written permission from their parent or guardian. The editor reserves the right to refuse photographs, or make changes to obscure/crop out identifiable individuals where required.

It is also very important that photographs are **only sent to the magazine email address** or handed over in hard copy to ensure they are stored safely. Please do not send photographs (or indeed anything else for the magazine) to the editor's personal email or postal address.

If you have any questions about the GDPR in relation to church matters, please contact the church office.

Useful information

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Missional communities(*), groups and teams

Afternoon Fellowship Jean Macaulay

Blessing* Contact the church office

Celebrate Recovery* Sam Torrens
Connect Plus* Elaine Rumney

Football Andrew Stephenson, Sam Torrens

Meals for Mums Linda Garside, Katy Gray

TCP* Elaine Hogan

The Net* Alison Edmondson, Kirsteen Milne, Andrew Paterson

Toddlers Katharine Ellis

For enquiries by telephone, please call the church office on 0131 229 6810

*Interim appointment pending the outcome of the constitutional review

Contribute to the magazine

Link relies on people like you to fill our pages each month. Please send us articles, pictures, poems, artwork, recommendations, upcoming events and important notices!

You can submit content by email to magazine@barclayviewforth.org.uk or hand in a hard copy to the editor or the church office. Articles should be 400 words or less.

Content for the July/Aug issue must be submitted by 17:00 on Tuesday 19 June.



Sun	3	13:00	Church BBQ	Vogrie
Tues	5	14:00	Afternoon Fellowship - Tea with the Minister	Pillar Hall
Thurs	7	19:00	Choir	Pillar Hall
Sat	9	19:30	Steph Macleod, Drakeford & Jordan Lang in Concert	Buccleuch Free Church
Tues	12	19:00	Connect Plus	Pillar Hall
Sun	17	09:45	Prayer Breakfast	Pillar Hall
Sun	17	11:00	Quest and Next Presentations	Sanctuary
Tues	19	17:00	Magazine deadline for July/August issue	
Sun	24	09:45	Gillespie Crescent communion	Gillespie Cres
Sun	24	13:00	The NET BBQ	Bruntsfield Links
Sun	24	18:30	Informal communion service	Sanctuary
Tues	26	19:00	Connect Plus	Pillar Hall



Sun	1	11:00	Tearfund Service	Sanctuary
Sun	1	18:30	NO EVENING SERVICE FOR JULY	
Sun	15	09:45	Prayer breakfast	Pillar Hall
Sun	29	10:00	Gillespie Crescent service	Gillespie Cres

